



# MOMENTUM

sports rehab

Phone **817-263-9222** Fax 817-838-1670  
3017 Joyce Drive, Fort Worth, Texas 76116

Name \_\_\_\_\_ Date \_\_\_\_\_

Diagnosis \_\_\_\_\_

Precautions \_\_\_\_\_

<i>Frequency of Treatment</i>						<i>Duration of Treatment</i>					
1	2	3	4	5	visits/week	1	2	3	4	5	weeks

Physical Therapy

### Evaluations

- Evaluate and Treat
- Work Site Evaluation
- Functional Capacity Eval (*FCE*)
- Impairment Rating/Spinal ROM
- Other

### Modalities

- As Indicated/PRN
- Heat/Cold
- Electrical Stimulation
- Ultrasound
- Phono/Iontophoresis
- TENS
- Mechanical Traction  
Lumbar/Cervical

### Procedures

- Therapeutic Exercise
- Therapeutic Activities  
(*Kinetic Activities*)
- Flexibility/ROM
- Manual Therapy
- Myofascial Release
- Work Site Evaluation
- Joint Mobilizations
- PREs
- Neuromuscular Re-education
- General Conditioning
- Work Conditioning

Other \_\_\_\_\_

Special Instructions \_\_\_\_\_

I certify that this patient is under my care. The rehab services prescribed above are medically necessary and in accordance to a plan established and reviewed by me.

Referred Physician's Signature \_\_\_\_\_

For more information or a map to the office visit [www.momentumsportsrehab.com](http://www.momentumsportsrehab.com)